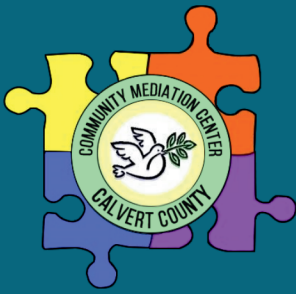


December



# REFLECTIONS

## CMCC Newsletter

2023

### Thanks for Your Support!

We're wrapping up another busy year at CMCC. At the time of this printing, we are on track to complete over 125 mediations in 2023! We are so thankful for the support we receive from our Calvert community. Our volunteers are vital to service delivery, and we could not provide no cost mediation without them. We appreciate all the referrals from individuals, former clients, and community partners.

CMCC receives partial funding through the MD Judiciary; however, we rely on grants and donations to provide all of the programs and services that we offer to our community. That's why we are asking you to make a donation to CMCC. Here is what your support can do:

\$25 will provide 1 workbook for a Conflict Resolution for Recovery participant

\$50 will provide 6 parent workbooks for a Discussion group

\$100 will cover 1 scholarship for Basic Mediation Training

Please use the enclosed envelope to send your donation today. Thank you.

Prefer to donate online?

Go to our website: [www.calvert-mediation.org](http://www.calvert-mediation.org)  
or scan the QR code below:



### More than Mediation

This past year CMCC was able to develop and implement some exciting programs in our community. The Calvert County Family Network provided a grant that allows CMCC to provide Triple P parenting skills discussion groups. Family Transitions is a group to support co-parents in managing their own conflict to better parent their child. Other discussion groups support parents in managing everyday parenting challenges. Participation is free, and everyone is welcome to attend. Additionally, through a grant from the Calvert County Health Department, we were able to provide Conflict Resolution for Recovery groups at the Detention Center, the Drug Court, and Project ECHO. These groups consist of 8 classes that help participants develop skills to deal with conflict while avoiding substance use. They learn about the brain in conflict, managing relationships, and dealing with anger. These groups provide tools to support participants in healing relationships and preventing future conflict.

### CMCC in the Schools

Students, parents, and teachers still struggle with the after-effects of 2 years without in-person instruction and peer interaction. CMCC is a resource to support students in developing conflict resolution skills both in and out of the classroom. Classroom circles provide Tier 1 services to teach students social-emotional skills and develop a sense of community. Community conferences help to repair relationships after harm has been done and to make plans for restitution, if needed. Mediation can support individuals in resolving interpersonal issues in a way that works for both people involved. Parents, teachers, or school administrators are welcome to call us to discuss which intervention(s) may be appropriate for your student(s).



## Volunteer of the Year Award to LaVerne Day

LaVerne volunteers as a mediator for the Community Mediation Centers in both Calvert and St. Mary's Counties. She mediates in many areas, including Family, Divorce, Child Custody, and Property/Financial mediation. LaVerne also facilitates community groups, including the Big Conversation of Southern Maryland, Conflict Resolution for Recovery, and Positive Parenting.

LaVerne provides services to families and schools as a restorative justice practitioner for youth in Calvert County and Prince George's County Public

Schools and as an Independent IEP Facilitator for special education meetings. She works in the District Court as a mediator and the Calvert County Circuit Court Adult Treatment Program. She also supports the community as a conflict coach, where she helps others make changes for their best possible life. LaVerne is the first person to receive the Volunteer of the Year award twice, and she truly deserves it.

---

### CMCC Welcomes MD Corps and MD Service Year Programs

We are excited to announce the participation of CMCC as a host site for the inaugural class of Service Year Option and Maryland Corps members, a partnership with the Maryland Department of Service and Civic Innovation. This project will create new pathways of service to meet community needs, enhance workforce development, and promote preparedness for both higher and vocational education.

The Service Year Option is a service opportunity for young adults who recently completed high school. Maryland Corps is a service opportunity for people of all ages. Members earn at least \$15 an hour and work at least 30 hours a week. Members gain both hard and soft skills through a service placement aligned with their area of interest, in addition to working with support coaches to develop and refine their post-service plans—whether they include college, career, or continued service.

Following completion of their service year, participants in both programs will earn a completion award of \$6,000.

---

### Meet Casey!

Hello, I'm Casey Jackman, the new Social Media & Marketing Manager for our amazing mediation center. I am thrilled to help play a bigger role in my community and excited to contribute to our mission of promoting peaceful resolutions with lasting solutions across Calvert County.

An interesting part of my journey here is my participation in the Maryland Service Year Program. This program invites young adults to apply for a nine-month term, offering us a chance to make a difference in our local communities. Through this program, I have been given the opportunity to serve in our Mediation Center, striving to improve our community through strategic social media and marketing initiatives. I am so excited to work here and contribute to the positive impact our center brings to the county!

I'm looking forward to this journey with all of you! If you have any suggestions or would like to learn more about our services, feel free to reach out to me via our social media platforms.

Warm Regards,

Casey Jackman

**"All conflicts, no matter how intractable, are capable of peaceful resolution" ~ Nelson Mandela**

---

Please accept my donation to the Community Mediation Center of Calvert

\_\_\_\_\_ \$25 for one workbook for the Conflict Resolution for Recovery program

\_\_\_\_\_ \$50 for 6 parent workbooks for Triple P Discussion groups

\_\_\_\_\_ \$100 for one scholarship for Basic Mediation Training

\_\_\_\_\_ Other Amount

**THANK YOU!**